Dear Valued Patient,

Please know that first and foremost, UWH of the Carolinas and your healthcare team remain committed to providing you with the highest quality care possible. We have always been here for you and hope to continue serving you for many years to come. That commitment—and our desire to support you throughout every stage of your healthcare journey—is what continues to guide our good-faith negotiations with Blue Cross Blue Shield of North Carolina.

Why You Are Receiving This Letter

You are receiving this letter because we believe our patients deserve timely, accurate information about issues that could affect their healthcare. While we remain hopeful that an agreement will be reached, we also believe you should hear directly from us about the situation and understand what it may mean for your care.

We do not send letters like this lightly. Open communication is an important part of the trust we have built with our patients, and we felt it was important to keep you informed as negotiations continue.

What Is Happening?

Unless we reach a new agreement, our contract with Blue Cross Blue Shield of North Carolina is scheduled to end on **January 1, 2027**.

We remain actively engaged in negotiations and are doing everything we can to reach an agreement that preserves your access to the physicians and healthcare team you know and trust while helping ensure that high-quality women's healthcare remains strong and sustainable in the communities we serve.

Throughout this process, our highest priority is you. We are committed to minimizing any disruption to your care and will continue working in good faith toward a resolution.

How You Can Help

If you would like to support these efforts, we encourage you to contact Blue Cross Blue Shield of North Carolina using the phone number on the back of your insurance card and let them know:

- You value your relationship with your UWH healthcare team and want UWH of the Carolinas to remain an in-network provider.
- Maintaining access to trusted OB/GYN and primary care providers is important to you and your family, and you are concerned about changes that could reduce access to women's healthcare across North Carolina.

If your health insurance is provided through your employer, you may also wish to share your concerns with your employer's benefits department.

Your voice matters. Hearing directly from members helps health plans understand how important it is for patients to maintain access to the physicians and healthcare teams they know and trust.

If You Are Pregnant or Currently Undergoing Treatment

All patients will continue to have in-network access to UWH of the Carolinas through at least **January 1, 2027**.

Even if Blue Cross Blue Shield of North Carolina does not maintain UWH of the Carolinas in its network after that date, there are protections that may allow certain patients to continue receiving care from UWH on an in-network basis.

If you are currently pregnant, you may be eligible to continue receiving care from your UWH provider through your delivery and postpartum care. Likewise, if you are currently undergoing a course of treatment or have surgery scheduled, you may also be able to continue receiving in-network care through completion of your treatment, surgery, and post-operative follow-up visits.

Questions?

If you have questions about your insurance coverage, continuity of care, or other insurance plans accepted by our practice, please contact our office or billing department. We are here to help and will continue to keep you informed as negotiations progress.

Thank you for allowing us to participate in your care. It is a privilege to serve you, and we appreciate the trust you place in us.

Patient Social Media Assets with Letter

Respectfully Yours,

Your UWH of The Carolinas Affiliated Provider

This will affect the following Providers:

Greensboro OBGYN Associates
Central Carolina OB/GYN
Green Valley OB/GYN
Physicians for Women of Greensboro
Lyndhurst Gynecologic Associates
Hawthorne OB/GYN Associates
Triangle Physicians for Women
Durham Women's Clinic
Chapel Hill Obstetrics and Gynecology
Arbor OBGYN
Cary OB/GYN
Raleigh OB/GYN Centre
Fayetteville Woman's Care
Associates in Women's Healthcare
Centre OB/GYN
Capital Area OB/GYN
Wilkerson OB-GYN
Mid-Carolina Obstetrics & Gynecology
Carolina Gynecology
A Woman's View
Carteret OB-GYN Associates
Catawba Women's Center
Wayne Women's Clinic
Asheville Women's Medical Center
Laurel OBGYN
Biltmore OB-GYN
Williamson Gynecology
Women's Wellness Clinic
Lakeshore Women's Specialists
For Women
Raleigh Gynecology & Wellness
Arboretum Gynecology
Wendover OB/GYN & Infertility
Gynecology and Laparoscopic Surgeons, PC
Redefined For Her
Grace OBGYN
Wilson OBGYN
Kamm McKenzie OBGYN
Nash OBGYN
Empowered Women’s Health
Calla Perinatal Women’s Center